



#### OUR STAFF

Pastor: Reverend Carol McCleary  
Director of Music: John Rickert  
Organist: Jeremy Reis  
Office Manager: Holly Sanchez  
Caretaker: Al Ferrell  
Nursery Attendant: Sarah Egerer  
Sound Technician: Jim Garn

#### OUR CHURCH OFFICERS

Moderator: Nancy Lewis  
Vice-Moderator: Cheryl Zinz  
Clerk: Denice Papesh  
Treasurer: J. David Garn  
Missions Treasurer:  
Sherrell McCafferty  
Financial Secretary: Laure Smith



**Church Office  
Closed**

#### CHURCH TEAM LEADERS

Christian Ed & Youth Ministry  
Cheryl Ellsworth  
Facilities/Maintenance:  
Jody James  
Historian: J. David Garn  
Assistant: Cheryl Ellsworth  
Finance: Jim Garn  
Missions, Outreach/Evangelism:  
Co-Leader: Nikki Anjakos-Seno  
Co-Leader: Opportunity to serve  
Hospitality: Connie Ellsworth  
Music & Worship: Jan Wheeler  
Pastoral Relations: Cheryl Zinz  
Visitation: Gloria Hernandez  
Nominating: Appointed as needed

**MICHIGAN AVENUE BAPTIST CHURCH**  
203 S. Michigan Ave - Saginaw, Michigan 48602  
Church office: (989) 793-8555  
Email: [MichiganAveBaptist@sbcglobal.net](mailto:MichiganAveBaptist@sbcglobal.net)  
Website: [MABCSaginaw.org](http://MABCSaginaw.org)

#### OUR CHURCH VISION

Drawing upon its rich history of service to God in an urban setting, Michigan Avenue Baptist Church serves as a beacon of Christ-centered ministry to the community through witness, worship, and fellowship in a culturally diverse population.





Dear Members and Friends,

It's hard to believe how much the world has changed in just a few short weeks. The Coronavirus has upended so much of life as we knew it.

This is a unique time in the life of our church. In person worship gatherings have been suspended until further notice. The Church office is closed; however, Holly will be in for a few hours each week to pay bills and make the bank deposit. Thank you to all who have sent your tithes and offerings. Your gifts are greatly appreciated.

Although the church building is closed, church is not cancelled. The church is not the building; the church is wherever God's people are worshipping and serving him. So in this time of shelter-in-place, worship is happening in our homes and our ministries have expanded far beyond the four walls of our building.

The church staff is committed to providing resources each week to help strengthen your faith during these uncertain times. Holly is continuing to prepare a weekly bulletin. John, Jeremy, and I have been recording worship services and sending them out to the congregation via e-mail. If you have not been receiving these e-mails, please contact Pastor Carol or the church office and we will add you to the list. We are also exploring ways we can better minister to those who do not have internet access. Be on the lookout for Holy Week services, and feel free to share the service links with others.

This edition of the Beacon is dedicated to providing you with resources to help you navigate these uncertain times. We've included some prayer resources and helpful hints for "attending" church online. For those who sew, there is a quick tutorial on how to make face masks for personal use or to donate. There's a word search in case you are bored, and we've even scattered in a few jokes, because as Proverbs says, "A cheerful heart does good like medicine." We've also included two pages of information about community resources that are available, as well as information about the City Rescue Mission, our mission of the month.

Blessings as you navigate these uncertain times. If you need a listening ear, would like to pray, or have another need, please don't hesitate to contact me. I can be reached by texting or calling 989-793-8555 or by e-mail at [MichiganAveBaptist@sbcglobal.net](mailto:MichiganAveBaptist@sbcglobal.net). I'm also on Facebook and would welcome your friend request. I have been intentionally posting something uplifting on Facebook each day. I've made these posts public, so that anyone who is on Facebook can see them. Just search for my name, and they should pop up. I also have a fledgling YouTube channel where I am posting my Sunday sermons. If you go to [www.youtube.com](http://www.youtube.com) and type my name in the search box, you should see my smiling face.

I love you and miss you all; I can't wait until we can gather together in person. Until then, you remain faithfully in my prayers.

Pastor Carol

## A 7-DAY CORONAVIRUS PRAYER GUIDE



### PRAY FOR THE SICK

Pray for those who are sick, and their families, that the Lord would heal and comfort them.

### PRAY FOR HEALTHCARE WORKERS

Pray for those on the frontlines treating those who are sick, that the Lord would protect and strengthen them.



### PRAY FOR THE VULNERABLE

Pray for those who are especially vulnerable to disease, that the sickness would pass over them and that they would rely on others for help.

### PRAY FOR THE UNEMPLOYED

Pray for those who have lost work, that God would provide through their families and communities.



### PRAY FOR OUR LEADERS

Pray for national and local government leaders, that they would have wisdom to do what is best for all.

### PRAY FOR STUDENTS & FAMILIES

Pray for students who are out of school, and their families, that the Lord would give them patience and discipline.



### PRAY FOR CHURCHES

Pray for churches and ministry leaders, that they would know how to best show the love of Christ in this time.

"Peace I leave with you. My peace I give to you. I do not give as the world gives. Don't let your heart be troubled or fearful."  
JOHN 14:27

LifeWay

## HOW TO ATTEND CHURCH ONLINE

### GET OUT OF BED AND GET DRESSED

it will put you in the right mindset for worship

### GO THROUGH YOUR NORMAL SUNDAY ROUTINE

minus the "hurry up, we're late" part

### GATHER TOGETHER AS A FAMILY

no multitasking; worship is a family activity

### STREAM TO YOUR LARGEST SCREEN IF POSSIBLE

it will feel like you are really "there"

### SING ALONG LOUD AND PROUD

it may feel weird, but it also feels weird to the people leading worship in an empty room

### PREACH WITH THE PREACHER

say amen, clap, shout and take notes; have a time of prayer at the end; make your home a sanctuary

**"I need help social distancing from my refrigerator!"**

**If you bought 30 rolls of toilet paper, you owe 3 to the church.  
Tithing is not cancelled.**



**Here are the churches that will be open next week:**

**Bedside Baptist  
Pillow Pentecostal  
Mattress Methodist  
Loveseat Lutheran  
Church of the Holy Comforter**



## Mindset Shift During a Pandemic

I'm stuck at home



I get to be SAFE in my home and spend time with my family

I will get sick



I will self-isolate and wash my hands, this will significantly DECREASE my chances of getting sick

I will run out of items at home during self-isolation



I have prepared for this and I will use my items wisely. I have everything I NEED for now

Everything is shutting down, I'm panicking



The most IMPORTANT places, such as medical centers, pharmacies and grocery stores, remain open

There is too much uncertainty right now



While I can't control the situation around me, I CAN control my actions. Doing breathwork, calling loved ones, getting enough sleep and proper nutrition, prayer, and doing activities I love at home will all help during this time

  
SumairaZ.com

### Prayer Ministry



One of the things that we miss about gathering together in-person on Sundays is the opportunity to share joys and concerns. We're going to try to help fill that gap by preparing a printed prayer list each week, which will be sent out to the congregation with the weekly bulletin. If you have a joy or concern that you would like added to the list, please contact Cyndi James. Please submit your joys and concerns by Friday of each week.

If you have an urgent prayer need, please continue to contact Nancy Lewis or Pastor Carol to alert the prayer chain.





We've all been told (repeatedly) that one of the best ways to slow the spread of the CoronaVirus is to wash our hands with soapy water for at least 20 seconds. And you've probably heard that that's how long it takes to sing "Happy Birthday" twice. Well, if you are getting tired of singing Happy Birthday to yourself 20 times a day, here are a few hymns you can sing instead. When sung at a normal tempo they all last between 20 and 30 seconds.

**Great is thy faithfulness! Great is thy faithfulness! Morning by morning new mercies I see;  
all I have needed thy hand hath provided. Great is thy faithfulness, Lord, unto me!**

**Then sings my soul, my Savior God, to thee: how great thou art, how great thou art!  
Then sings my soul, my Savior God, to thee: how great thou art, how great thou art!**

**Praise God from whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye heavenly host:  
Praise Father, Son and Holy Ghost.**

**Amazing grace! how sweet the sound that saved a wretch like me!  
I once was lost, but now am found, was blind but now I see.**

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## Another message from Pastor....

These are stressful times for all of us. They can be especially hard for those of us who live with underlying mental health conditions like anxiety or depression. No matter how strong we are, situations like this put a strain on our coping skills. So don't be afraid or ashamed to reach out and get help when you need it.

If you could use a listening ear and someone to pray with you, I'm happy to do that.

If you would like to speak to a professional counselor, I can make referrals.

If suicide crosses your mind, please call the National Suicide Prevention Lifeline at 1-800-273-8255 or text 741741. They can help you develop a plan to keep yourself safe.

You may also want to check with your insurance company to see what resources they have available. My health insurance plan (Blue Care Network) has a helpline for people to call if they are feeling anxious or need support, and they also offer online therapy visits. Other companies may have similar options.

Again, if you are struggling right now, you are not alone. Please reach out.

*"May the God of peace sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ." 1 Thessalonians 5:23*

### **A Prayer by St. Francis de Sales**

*Do not look forward in fear to the changes and  
chances of this life;  
Rather, look to them with full confidence that,  
as they arise,  
God, to whom you belong, will in His love enable  
you to profit by them.  
He has guided you thus far in life, and He will  
lead you safely through all trials;  
and when you cannot stand it, God will carry you  
in His arms.*

*Do not fear what may happen tomorrow;  
the same everlasting Father who cares for you  
today will take care of you then and every day.  
He will either shield you from suffering,  
or will give you unfailing strength to bear it.  
Be at peace, then, and put aside all anxious  
thoughts and imaginations. Amen*



Pastor Carol is collecting pictures of crosses for a special Good Friday project. Please take a picture of a cross that is meaningful to you and e-mail it to [MichiganAveBaptist@sbcglobal.net](mailto:MichiganAveBaptist@sbcglobal.net) If you wish, you may include a few sentences about what makes the cross

## Resource Page

For accurate, up-to-date information on the Coronavirus visit [cdc.gov](https://www.cdc.gov) or [Michigan.gov](https://www.Michigan.gov).

### Domestic Abuse

Call the Underground Railroad crisis helpline at 989-755-0411 or text 989-770-8892 or visit [undergroundrailroadinc.org](https://undergroundrailroadinc.org).

### Alcohol Abuse

Saginaw AA Hotline: 989-776-1241 or visit [www.saginawaa.org](https://www.saginawaa.org)

### Suicide Prevention

If you or someone you love is in crisis, call 1-800-273-8255 or text 741741.

### Financial Assistance

Call 211 and they can direct you to organizations that provide needed aid.



### Covenant Hospital Covid 19 Helpline

989-583-3135 (staffed from 6:00 a.m-10:00 p.m.)

If you are looking for ways to help our community, give blood, donate money or supplies visit [Michigan.gov/fightcovid19](https://Michigan.gov/fightcovid19) to learn more.

### UNEMPLOYMENT INSURANCE

#### File Your Claim By **Last Name**

ONLINE FILING SCHEDULE:		CALL CENTER FILING SCHEDULE:	
	<b>michigan.gov/uia</b>		<b>1-866-500-0017</b>
<b>A-L</b> FILE CLAIMS	<b>M-Z</b> FILE CLAIMS	<b>A-L</b> CALL ON	<b>M-Z</b> CALL ON
Monday Wednesday Friday	Sunday Tuesday Thursday	Monday & Wednesday	Tuesday & Thursday
Saturday if you missed your days <b>WEBSITE IS 24/7</b>		Friday if you missed your days <b>8AM-5PM MON-FRI</b>	

The day or time of day in which a claim is filed will not impact whether you receive benefits or your benefit amount. Additionally, your claim can be backdated to reflect the date you were laid off or let go due to COVID-19.

The information contained on this page is accurate as of 4/1/20!





# Saginaw Public Schools Breakfast & Lunch Distribution

Beginning

Monday, March 16th, Saginaw Public Schools  
will be serving students ages 18 and under

- **Monday through Friday:**
  - Breakfast will be distributed at each site from 8:00 a.m. to 11:00 a.m.
  - Hot lunch will be distributed from 1:00 p.m. to 4:00 p.m. at each site
  - *A cold lunch can be picked up during the breakfast hours if this is more convenient than returning to receive the hot lunch*
- **Saturdays & Sundays:**
  - Cold breakfasts & lunches will be distributed at each site from 8:00 a.m. to 11:00 a.m.

The distribution sites are as follows:

- Bridgeton Place Townhomes  
359 Vestry Dr., 48601
- Birch Park Apartments  
3000 Birch Park Pl., 48601
- Arthur Eddy Academy  
1000 Cathay St., 48601
- Stone Elementary  
1006 State St., 4860
- Herig Elementary  
1905 Houghton St., 48602
- **\*\*NEW LOCATION\*\*STARTS THURS 3/19/20**  
→ Merrill Park Elementary  
1800 Grout St., 48602
- Thompson Middle  
3021 Court St., 48602
- Loomis MST Academy  
2001 Limerick St., 48601
- Rouse Elementary  
435 Randolph St., 48601

To assure that every student has the opportunity to eat, meals will also be taken to area neighborhoods via school buses. The buses will stop at the following sites seven days a week and deliver both a cold breakfast and lunch for each student.

**Route 1:**

- Longfellow Elem. School- 10:15 a.m.  
1314 Brown St., 48601
- Henry Doerr Elem. School- 10:30 a.m.  
3270 Perkins St., 48601
- Heavenrich Elem. School- 10:45 a.m.  
2435 Perkins St., 48601
- Houghton Elem. School- 11:00 a.m.  
1604 Johnson St., 48601
- Zilwaukee Elem. School- 11:20 a.m.  
500 W. Johnson St., 48604

**Route 2:**

- Jerome Elem. School- 10:15 a.m.  
1515 Sweet St., 48602
- Coulter Elem. School- 10:30 a.m.  
1450 Bridgeton Rd., 48601
- Nelle Haley Elem. School- 10:45 a.m.  
3240 Livingston St., 48601
- Longstreet Elem. School- 11:00 a.m.  
504 Carroll St., 48601
- Jones Elem. School- 11:15 a.m.  
1602 Cherry St., 48601





<https://www.deaconess.com/How-to-make-a-Face-Mask>

What you will need:

Cotton fabric, a pretty print is best. - Rope Elastic, beading cord elastic will work (you may also use 1/8" flat elastic) - Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat)

You can make two sizes: Adult or Child

1. Put right sides of cotton fabric together. Cut 9x6 (Adult) or 7.5 x 5 (Child)
2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
8. Sew around the edge of the mask twice. Be sure any fabric design is placed horizontally.

#### **Places to Donate**

McLaren marketing building located at 503 Mulholland Ave. in Bay City.

The masks can be dropped off Monday through Friday from 8 a.m. through 4:30 p.m.

Covenant HealthCare in Saginaw is accepting donations of personal protective equipment and medical supplies. Smaller-scale donations and hand-sewn face masks may be dropped off at the front desk located at 700 Cooper Ave. or the outdoor drop-off Covenant vehicle from 9 a.m. - 3 p.m., located at 5400 Mackinaw Road.

Burcham Hills Retirement Community

2700 Burcham Drive

East Lansing, MI 48823

**Holly Sanchez (MABC Office Manager) owns a Salon here and is able to deliver or mail items.**

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# Trust in the Lord

S H B T T G U P E A C E B I I N X L D C C L U D  
Z O G W S K G X A K V T C D I P O V F R P O W D  
G F F F E S K Y S M P Q W X U G S Z C P G R Z O  
I A V A J E S U S B A S A U N Y T G M U G D C N  
H T J I L P L O E I T R R S T C R I O R Q W M H  
E O W T P L I H V H H W W W X C A K T P X G Y R  
W A Q H J L Y Y C J S A M V K Z I K D O E W R R  
O M Z S S R B K H T B I W P M N G I Y S S K U N  
F S T S D A Q O Z P U T Q A M T H N C E T P W M  
L O T R U H C P S G N C X O Y U T I H K R E P M  
M K E E P Z P I V Z D T O I L P J R E M E I G U  
Z C X P N O Y Y T S E J C L E G M W A Q N K O F  
F W K Q H X P E J N R X C Q B F C Y R F G I D R  
J B Y I Z D R B F F S K K F E A J H T R T F P H  
J S W I L L I N G U T P K U A V M Y I D H D D R  
J H M Z K M M A O T A J P D U X O B J G I R K V  
V T I M I N G P M U N D I O T T L B S N E D I Y  
Q O H N P N Y H S R D H P I I K R N K Z H L X O  
P X A X Q Q E Q H E I F I O F P R T W K N B S A  
L C C C O M M I T P N L F V U H S Q Z A G B I D  
A F S Y P M V O X V G X U W L R G P T U C Z W O  
N T S U B M I T Q G W K O A B K V U D O K T O I  
P S Y V A Q S K Q C F T N S E I G K L C V L F M  
G B A I F R N U Q S E C A V Z M Q L U T R U S T

strength	beautiful	willing	timing
jesus	God	keep	purpose
commit	future	plan	peace
faith	wait	straight	paths
submit	understanding	heart	Lord
trust			

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**“Day Four of social distancing: Struck up a conversation with a spider today. Seems nice. He’s a web designer.”**



### *Welcome to the Place of Hope and Care!*

The City Rescue Mission of Saginaw has been in existence since 1905, providing emergency shelter and compassionate Christian care for people in our community that have nowhere else to turn.

Our history demonstrates the longstanding commitment to help the homeless as we provide a level of care that models our Savior's love. We network with other community service providers and organizations in meaningful ways that open doors for our guests and guide them to meaningful and sustainable permanent housing solutions.

In the time you spend at our website, I hope you will gain a greater understanding of the dedicated work of our staff and volunteers and a greater passion for the needs of the homeless in our community. Consider joining us in assisting our neighbors in need.

### **Our Vision**

Compelled by the love of God to equip the hurting and homeless of Mid-Michigan through guidance and godly care that leads our guests toward God-honoring, sustainable solutions and permanent housing.

### **Our Mission**

To glorify God by serving people in need, proclaiming the Gospel, and establishing disciples among disadvantaged people.

### **Our Values**

God Honoring

The principles of the Bible guide our thoughts and actions demonstrated by compassionate care and integrity.

*Luke 10:30-37; Jude 22*

Life Building

Instilling programs and services that guide people toward sustainable godly living.

*Joshua 1:8; II Thessalonians 3:10; II Timothy 3:16-17*

Community Collaboration

Working with churches and other service agencies to help provide a network of Christian care for the low income and homeless of Mid-Michigan.

*Matthew 5:13-16*



# Happy Birthday



Dennis Lemmer	01
Jeff Larkin	04
Cyndi James	11
Justin Lemmer	14
Logan Lewis	19
Casey Tuck	20
Marc Leaman	21
Carole Moore	21
Chris Smith	22
Sydney Horlings	24

If your birthday has not been listed, please contact the church office at (989) 793-8555 with your birth date. We'd like to wish everybody a Happy Birthday during their birthday month. Please contact the church office should you have a change of address. We want to keep our records current. Thank you.